

119TH CONGRESS
1ST SESSION

S. RES. _____

Supporting the designation of September 19, 2025, as “National Concussion Awareness Day”.

IN THE SENATE OF THE UNITED STATES

Ms. HASSAN submitted the following resolution; which was referred to the Committee on _____

RESOLUTION

Supporting the designation of September 19, 2025, as
“National Concussion Awareness Day”.

Whereas mild traumatic brain injury, otherwise known as a concussion, is an important health concern for children, teens, and adults;

Whereas, according to information from the Centers for Disease Control and Prevention—

(1) there are as many as 1,600,000 to 3,800,000 sports-related concussions annually;

(2) as many as 5,300,000 individuals live with the long-term effects of a traumatic brain injury;

(3) between 2010 and 2016, an estimated 2,000,000 children under age 18 visited an emergency department because of a traumatic brain injury sustained during sports- or recreation-related activities;

(4) in 2023, there were an estimated 69,000 fatalities related to traumatic brain injuries;

(5) each year an estimated 283,000 children seek care in emergency departments in the United States for a sports- or recreation-related traumatic brain injury, with traumatic brain injuries sustained in contact sports accounting for approximately 45 percent of those visits;

(6) 7 in 10 emergency department visits for sports- or recreation-related traumatic brain injury are for children ages 17 and younger;

(7) research suggests that many children with a traumatic brain injury do not seek care in emergency departments or do not seek care at all, resulting in a significant underestimate of prevalence; and

(8) approximately 15 percent of all high school students in the United States self-reported 1 or more sports- or recreation-related concussions within the preceding 12 months;

Whereas the seriousness of concussions should not be minimized in athletics, and return-to-play and return-to-learn protocols can help ensure recovery;

Whereas concussions can affect physical, mental, and social health, and a greater awareness and understanding of proper diagnosis and management of concussions is critical to improved outcomes; and

Whereas the Senate can raise awareness about concussions among the medical community and the public: Now, therefore, be it

1 *Resolved*, That the Senate—

2 (1) supports the designation of September 19,

3 2025, as “National Concussion Awareness Day”;

1 (2) recognizes that mild traumatic brain injury,
2 otherwise known as a concussion, is an important
3 health concern;

4 (3) commends the organizations and individuals
5 that raise awareness about mild traumatic brain in-
6 jury;

7 (4) encourages Federal, State, and local policy-
8 makers to work together—

9 (A) to raise awareness about the effects of
10 concussions; and

11 (B) to improve the understanding of prop-
12 er diagnosis and management of concussions;
13 and

14 (5) encourages further research and prevention
15 efforts to ensure that fewer individuals experience
16 the most adverse effects of mild traumatic brain in-
17 jury.